



LINTONS  
Food Service Management

January



Monday	Tuesday	Wednesday	Thursday	Friday
<b>BBQ Chicken Cheddar Salad</b> <b>Grilled Chicken Caesar Wrap</b> 	<b>Chicken Salad BLT Wrap</b> <b>Cool Ranch Chicken Pasta Salad</b> 	<b>Egg Salad Wrap</b> <b>Twisted Chef Salad</b> 	<b>Ham &amp; Cheese Hoagie</b> <b>Cranberry Walnut Chicken Salad</b> 	<b>Tuna Salad Wrap</b> <b>Salad of the Day</b> 
<b>Chicken Nuggets</b> Meatless Chicken Nuggets Salad Wedge Fries	<b>Cheeseburger</b> Veggie Burger Vegetable Blend French Fries	<b>Oven Fried Chicken</b> Oven Chik'n Patty Homemade Stuffing Corn	<b>Meatball Parm Hero</b> Meatless Meatball Hero Sweet Potato Fries Garden Salad	<b>Pizza</b> Cheese or Vegetable Vegetable of the Day
<b>Fish Sticks</b> <b>Fries</b> Savory Baked Beans Cole Slaw	<b>Beef Nachos</b> Meatless Nachos (V) Refried Beans Salad	<b>Chicken Alfredo</b> Chik n' Alfredo Caesar Salad	<b>Loaded Baked Potato V</b> Various Toppings Broccoli	<b>Hey! Day</b> Preordered Bagged Lunches Only
	<b>Cheesesteak</b> Meatless Cheesesteak French Fries	<b>Baked Penne</b> Breadstick Broccoli	<b>French Toast Sticks</b> with Syrup Breakfast Meats Hash Browns	<b>Pizza</b> Cheese or Vegetable Vegetable of the Day
<b>Dragon (Chicken) Fingers</b> Meatless Chicken Nuggets Vegetable Medley Tater Tots	<b>Spaghetti and Meatballs</b> Spaghetti and Marinara Sauce Seasoned Rice	<b>Totally Stuffed Grilled Cheese</b> French Fries Homemade Creamy Tomato Soup	<b>General Tso Chicken</b> General Tso Tofu Rice Asian Blend Vegetables	<b>Pizza</b> Cheese or Vegetable Vegetable of the Day

A Selection of Fresh Salad and Sandwiches are offered daily



Milk Selections  
choice offered daily  
1 % Plain  
Fat Free Chocolate  
Fat Free

Fresh Fruit  
1cup offered daily  
Apple  
Pear  
Banana  
Orange