



LINTONS  
Food Service Management

February



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p><b>Home Made Pizza</b></p> <p>Cheese or Vegetable</p> <p>Vegetable of the Day</p>
<p>4</p> <p><b>Chicken Fajitas</b></p> <p>Vegetable Fajitas</p> <p>Roasted Vegetable Blend</p> <p>Rice</p>	<p>5</p> <p><b>Chinese New Year Celebration!</b></p>	<p>6</p> <p><b>Chicken Tenders with Mac &amp; Cheese</b></p> <p>Garlic Spinach</p> <p>Salad</p>	<p>7</p> <p><b>Breakfast for Lunch</b></p> <p>Tater Tots</p> <p>Breakfast Meats</p>	<p>8</p> <p><b>Home Made Pizza</b></p> <p>Cheese or Vegetable</p> <p>Vegetable of the Day</p>
<p>11</p> <p><b>Hot Dog With Assorted Toppings</b></p> <p>Veggie Dog</p> <p>French Fries</p> <p>Garden Salad</p>	<p>12</p> <p><b>Oven Baked BBQ Chicken</b></p> <p>BBQ Chik'n</p> <p>Corn Muffin</p> <p>Baked Beans</p> <p>Cole Slaw</p>	<p>13</p> <p><b>Meatloaf w/ Gravy</b></p> <p>Chik-N Strips</p> <p>Mashed Potatoes</p> <p>Seasoned Corn</p>	<p>14</p> <p><b>Jerk Chicken Sandwich</b></p> <p>Jerk Chik-N</p> <p>Fresh Roasted Sweet Potatoes</p> <p>Pierogies</p> <p>Vegetable Blend</p>	<p>15</p> <p>NO SCHOOL</p> <p>Presidents' Weekend</p>
<p>18</p> <p>NO SCHOOL</p> <p>Presidents' Day</p>	<p>19</p> <p>NO SCHOOL</p> <p>Faculty Inservice</p>	<p>20</p> <p><b>Oven Fried Chicken</b></p> <p>Oven Chik'n Patty</p> <p>Homemade Stuffing</p> <p>Corn</p> <p>Mashed Potatoes</p>	<p>21</p> <p><b>Meatball Parm Hero</b></p> <p>Meatless Meatball Hero</p> <p>Sweet Potato Fries</p> <p>Salad</p>	<p>22</p> <p><b>Home Made Pizza</b></p> <p>Cheese or Vegetable</p> <p>Vegetable of the Day</p>
<p>25</p> <p><b>Fish Sticks</b></p> <p>Chik-N Strips</p> <p>Seasoned Fries</p> <p>Cole slaw</p>	<p>26</p> <p><b>Beef Nachos</b></p> <p>Meatless Nachos</p> <p>Garden Salad</p> <p>Rice Pilaf</p> <p>Refried Beans</p>	<p>27</p> <p><b>Chicken Alfredo</b></p> <p>Chik-N Alfredo</p> <p>Green Beans</p> <p>Garlic Bread</p>	<p>28</p> <p><b>Loaded Baked Potato</b></p> <p>Various Toppings</p> <p>Broccoli</p>	<p>1</p> <p><b>Home Made Pizza</b></p> <p>Cheese or Vegetable</p> <p>Vegetable of the Day</p>

**A Selection of Fresh Salad and Sandwiches are offered daily**



**Milk Selections**  
choice offered daily  
1% Plain  
Fat Free Chocolate  
Fat Free

**Fresh Fruit**  
1cup offered daily  
Apple  
Pear  
Banana  
Orange