



LINTONS  
Food Service Management

September



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Labor Day</b></p> <p>No School</p>	<p>3</p> <p><b>Bacon Cheeseburger</b></p> <p>Veggie Burger ♡ French Fries Vegetable Blend</p>	<p><b>Spaghetti &amp; Meatballs w/ Garlic Bread</b></p> <p>Spaghetti w/ veg-nuggets ♡ Garden Vegetables ♡ Caesar Salad</p>	<p><b>Chicken Cheese Steak</b></p> <p>Chik'n Patty on a Bun ♡ Curly Fries Cucumber Salad</p>	<p><b>Homemade Pizza</b></p> <p>Cheese Pizza ♡ Garden Salad</p>
<p>9</p> <p><b>Beef Tacos</b></p> <p>Vegetarian Tacos ♡ Roasted Vegetable Blend Rice</p>	<p>10</p> <p><b>Sweet &amp; Sour Chicken</b></p> <p>Vegetable Egg Roll ♡ Oriental Blend Vegetables Rice</p>	<p>11</p> <p><b>Chicken Tenders with Mac &amp; Cheese</b></p> <p>Chik'n strips ♡ Garden Salad</p>	<p>12</p> <p><b>Breakfast for Lunch</b> ♡ Assorted Breakfast Meats Tater Tots Fruit Salad</p>	<p>13</p> <p><b>Homemade Pizza</b></p> <p>Cheese Pizza ♡ Garden Salad</p>
<p>16</p> <p><b>Hot Dogs</b></p> <p>Veggie Dog ♡ French Fries Homemade Cole Slaw</p>	<p>17</p> <p><b>Oven Baked BBQ Chicken</b></p> <p>BBQ Chik'n ♡ Corn Muffin Baked Beans</p>	<p>18</p> <p><b>Stromboli Marinara</b></p> <p>Meatless Stromboli ♡ Garlic Bread Caesar Salad</p>	<p>19</p> <p><b>Jerk Chicken Sandwich</b></p> <p>Jerk Chik'n Sandwich ♡ Sweet Potato Fries Blended Vegetables</p>	<p>20</p> <p><b>Homemade Pizza</b></p> <p>Cheese Pizza ♡ Garden Salad</p>
<p>23</p> <p><b>Chicken Nuggets</b> ♡</p> <p>Meatless Chik'n Nuggets ♡ Wedge Fries Garden Salad</p>	<p>24</p> <p><b>Bacon Cheeseburger</b></p> <p>Veggie Burger ♡ Vegetable Blend French Fries</p>	<p>25</p> <p><b>Oven Fried Chicken</b></p> <p>Oven Chik'n Patty ♡ Mashed Potatoes &amp; Gravy Corn Bread Homemade Cole Slaw</p>	<p>26</p> <p><b>Meatball Parm Hero</b> ♡</p> <p>Meatless Meatball Hero ♡ Cheese Pierogies Vegetable Blend</p>	<p>27</p> <p><b>Homemade Pizza</b></p> <p>Cheese Pizza ♡ Garden Salad</p>



**A Selection of**



**Milk Selections**  
choice offered daily  
**1 % Plain**  
**Fat Free Chocolate**

**Fresh Fruit**  
1cup offered daily  
**Apple**  
**Banana**  
**Orange**

This institution is an equal opportunity Provider