



LINTONS  
Food Service Management

April



| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <p>1</p> <p><b>Hot Dogs (2) with Assorted Toppings</b></p> <p>♥ Veggie Dog</p> <p>Garden Salad<br/>French Fries</p>       | <p>2</p> <p><b>Oven Baked BBQ Chicken</b></p> <p>♥ BBQ Chik'n</p> <p>Corn Muffin<br/>Baked Beans<br/>Cole Slaw</p>                      | <p>3</p> <p><b>Meat Lasagna</b></p> <p>♥ Meatless Lasagna</p> <p>Caesar Salad<br/>Garlic Bread</p>                                   | <p>4</p> <p><b>Jerk Chicken Sandwich</b></p> <p>♥ Pierogies</p> <p>Vegetable Blend</p>                                   | <p>5</p> <p><b>Hey! Day</b></p> <p>Pre-ordered lunches only</p>                  |
| <p>8</p> <p><b>Chicken Nuggets</b></p> <p>Meatless Chicken Nuggets ♥</p> <p>Garden Salad<br/>Tater Tots</p>               | <p>9</p> <p><b>Cheeseburger</b></p> <p>Veggie Burger ♥</p> <p>Vegetable Blend<br/>French Fries</p>                                      | <p>10</p> <p><b>Oven Fried Chicken w/ Gravy</b></p> <p>Oven Chik'n Patty ♥</p> <p>Homemade Stuffing<br/>Mashed Potatoes<br/>Corn</p> | <p>11</p> <p><b>Meatball Parm Hero</b></p> <p>Meatless Meatball Hero ♥</p> <p>Pierogies<br/>Vegetable Blend</p>          | <p>12</p> <p><b>Homemade Pizza</b></p> <p>♥ Cheese Pizza</p> <p>Garden Salad</p> |
| <p>15</p> <p><b>Fish Sticks</b></p> <p>Chik-N-Sticks ♥</p> <p>Seasoned Fries<br/>Cole Slaw</p>                            | <p>16</p> <p><b>Beef Nachos w/ all the toppings</b></p> <p>Meatless Nachos ♥</p> <p>Garden Salad<br/>Rice Pilaf</p>                     | <p>17</p> <p><b>Chicken Parmesan Sandwich</b></p> <p>Veggie Chik'n Cutlet Sandwich</p> <p>♥ Green Beans<br/>Garlic Bread</p>         | <p>18</p> <p><b>Conference Day</b></p> <p>No Lunch</p>   | <p>19</p> <p><b>No School</b></p>  |
| <p>22</p> <p><b>Bacon Cheeseburger</b></p> <p>Veggie Burger ♥</p> <p>French Fries<br/>Tossed Salad</p>                    | <p>23</p> <p><b>Cheesesteak</b></p> <p>Veggie Cheeseburger ♥</p> <p>Smiley Fries<br/>Garden Vegetables</p>                              | <p>24</p> <p><b>Baked Penne</b> ♥</p> <p>Broccoli<br/>Caesar Salad<br/>Garlic Bread</p>  | <p>25</p> <p><b>French Toast Sticks</b> ♥</p> <p>with Syrup</p> <p>Tater Tots<br/>Breakfast Meats</p>                    | <p>26</p> <p><b>Homemade Pizza</b></p> <p>♥ Cheese Pizza</p> <p>Garden Salad</p> |
| <p>29</p> <p><b>Dragon (Chicken) Fingers</b></p> <p>♥ Meatless Chicken Nuggets</p> <p>Tater Tots<br/>Vegetable Medley</p> | <p>30</p> <p><b>Beef Tacos (hard or soft) w/ all the toppings</b></p> <p>♥ Meatless Tacos</p> <p>Vegetable Medley<br/>Seasoned Rice</p> | <p>1</p> <p><b>Totally Stuffed Grilled Cheese</b></p> <p>♥</p> <p>Homemade Soup<br/>Tossed Salad<br/>French Fries or Chips</p>       | <p>2</p> <p><b>General Tso Chicken</b></p> <p>♥ General Tso Tofu</p> <p>Egg Roll<br/>Rice<br/>Asian Blend Vegetables</p> | <p>3</p> <p><b>Homemade Pizza</b></p> <p>♥ Cheese Pizza</p> <p>Garden Salad</p>  |



**A Selection of Fresh Salad and Sandwiches are offered daily**



**Milk Selections**  
choice offered daily  
1 % Plain  
Fat Free Chocolate  
Fat Free



**Fresh Fruit**  
1cup offered daily  
Apple  
Pear  
Banana  
Orange